



## **REGULATIONS**

# **IWUF INTERNATIONAL WUSHU COACHES TRAINING COURSE 2024**

Jiangyin City, China

June 27th – July 3rd, 2024

# IWUF INTERNATIONAL WUSHU COACHES TRAINING COURSE 2024

## REGULATIONS

Review by the IWUF Technical Committee and subsequent approval by the 41st IWUF Executive Board Meeting, the IWUF International Wushu Coaches Training Course 2024 is hosted by International Wushu Federation (IWUF) and organized by Chinese Wushu Association and Jiangyin Shengshi Sports Events Co. Ltd. The IWUF International Wushu Coaches Training Course 2024 will be held in Jiangyin city, China from June 27th – July 3rd, 2024. All IWUF members are permitted to register participants for this course in line with the below stipulations.

### A. DATE AND PLACE

1. Date: June 27th – July 3rd, 2024.
2. Place: Marrisle Hotel, No.888, Nanhuan Road, Xinqiao Town, Jiangyin City, China.
3. Training Place: Culture and Sports Indoor Stadium (5F), Jiangyin City, China.

### B. CONTACT INFORMATION

1. IWUF Secretariat  
Email: [events@iwuf.org](mailto:events@iwuf.org)  
Tel: 0086-10-87774492
2. Chinese Wushu Association  
Email: [wushu@wushu.com.cn](mailto:wushu@wushu.com.cn)  
Tel: 0086-10-64912162
3. Local Organizing Committee  
Jiangyin Shengshi Sports Events Co. Ltd  
Email: [783006375@qq.com](mailto:783006375@qq.com)  
Tel: 0086-15061551571

### C. PARTICIPATION ELIGIBILITY

1. All IWUF member federations/associations are qualified to register participants for the training course.
2. The federation/ association applying to join IWUF may be invited to take part in this event after their applications have been accepted by the IWUF.
3. Only those participants registered by their national/regional wushu federation will be accepted to participate in the course.

### D. ENTRIES

#### 1. Requirements

- 1.1 All entries must be submitted through the IWUF online registration system.
- 1.2 Registration link: <https://forms.office.com/r/u7aTG923kr>. This link is for individual coaches to complete their registration.  
The national/territorial federation must confirm the attached registration forms for their coaches and return them to IWUF



by June 14th, 2024.

- 1.3 All sections of the online entry must be completed in full, including the uploading of the various required documents.
- 1.4 Each member federation/association is required to print a copy of the submitted entry and present it upon arrival and registration in Jiangyin.
- 1.5 The deadline for the final entry to be completed through the online system is 24:00 on June 14th, 2024.

## 2. Late Entries

Late entries are subject to the approval of the IWUF and, if accepted, are subject to a late-entry fee of US\$100 per participant.

## E. ACCOMMODATION

1. All Teams are required to lodge at the designated hotel as arranged by the Organizing Committee.
2. The Organizing Committee will arrange accommodation and local transportation for all participants from June 27th – July 3rd, 2024. Participants who would like to arrive earlier or depart later than the required dates should provide the dates for the intended duration of stay during the final registration process. Participants must ensure to book accommodations accordingly, with daily rates applying for extended stays and taking the hotel check-in time of 14:00 into consideration.

## F. TRANSPORTATION

1. Transportation for arrival and departure at the airport below and the railway station nearby will be arranged for all participants on June 27th and July 3rd, 2024, respectively.

Airport/Railway Station	Code	Website
Shanghai Pudong Airport	IATA: PVG, ICAO: ZSPD	<a href="https://www.shanghaiairport.com/">https://www.shanghaiairport.com/</a>
Wuxi Shuofang Airport	IATA: WUX, ICAO: ZSWX	<a href="https://www.wuxiairport.com/">https://www.wuxiairport.com/</a>
Wuxi East Railway Station		
Zhangjiagang Railway Station		

## G. ARRIVAL & REGISTRATION

1. All participants are required to arrive at the designated registration hotel and register with the Organizing Committee no later than 24:00 on June 27th, 2024. Participants who do not arrive and register by the deadline may be denied participation in the course or, if accepted, may be charged the daily rate from the above stipulated deadline, irrespective of when they actually arrived.
2. Upon arrival, each participant is required to:

1	Present their passport
2	Submit a paper copy of their Entry Form
3	Submit Medical Certificates
4	Submit the signed Wavier of Liabilities (Appendix 1)
5	Confirm to pay the relevant participation fees in full (if applicable)
6	Confirm to pay the relevant penalty fees in full (if applicable)
7	Submit a proof of full payment

## H. FINANCIAL CONDITIONS

1. Any international or domestic airfare and related travel expenses, as well as the accommodation fees and the participation fees of all participants shall be borne by the teams themselves.
2. Accommodation fees for each participant are US\$180 per person per day (single occupancy room) / US\$150 per person per day (double occupancy room); these fees include meals (from the dinner on June 27th to breakfast on July 3rd), accommodation, airport pickup and drop-off, and local transportation.
3. The course is free for all the participations, include all study sessions, certification, etc.

<b>Accommodation Fees</b>	Double occupancy room	US\$150 (per person per day)
	Single occupancy room	US\$180 (per person per day)
<b>Hotel</b>	Marrisle Hotel	
<b>Address</b>	No.888, Nanhuan Road, Xinqiao Town Jiangyin City, China.	

4. Other limited accommodation options (based on structures such as bed and breakfasts) are available on request. Please contact Organizing Committee with any related questions via email 783006375@qq.com).
5. Accommodation fees also include the access to the hotel indoor pool.
6. Participants are required to pay the relevant accommodation fees by international bank transfer with their final entry submission. Proof of payment should be sent to the Organizing Committee by email and brought with the participants on arrival.
7. All participants are required to complete payment in advance to the Organizing Committee by 24:00 (Beijing Time) of the June 14th, 2024.
8. Bank Information (Pay in USD):

<b>Bank Name</b>	Bank of China Jiangyin Branch
<b>Account Name</b>	Jiangyin Shengshi Sports Events Co. Ltd
<b>Account Number (IBAN)</b>	496280307191
<b>Swift Code</b>	BKCHCNBJ95C
<b>Beneficiary Account Holder Address</b>	Lijiatang A-001 Weili village, Xinqiao Town, Jiangyin City, Wuxi City, Jiangsu, P.R. China, 214426
<b>Bank Address:</b>	No.1 Middle Renmin Road, Jiangyin City, Jiangsu, P.R. China
<b>Note:</b>	Any service charges incurred for international wire transfers shall be borne by participants themselves.

## I. COSTUMES REQUIREMENTS

1. All participants should wear flexible wushu clothes and shoes on the training days.
2. Participants who wear tight uniforms that are not suitable for training or shoes with hard or sharp edges may be refused to attend the training sessions.

## J. PASSPORTS & VISA REQUIREMENTS

1. All participants must hold a valid passport and should allow plenty of time for visa application and processing. To ensure as few complications during visa application and travel as possible, it is suggested that all participants' passports are valid for at least



six months following their final day of travel.

2. Participants who require visa invitation letters should send their requests to IWUF and Chinese Wushu Association via [events@iwuf.org](mailto:events@iwuf.org) and [wushu@wushu.com.cn](mailto:wushu@wushu.com.cn) before June 14th, 2024.

### **K: RESPONSIBILITY OF MEMBER FEDERATIONS**

NFs are responsible for their participants adhering to the IWUF and to all relevant rules established by the IWUF and the Organizing Committee. NFs should ensure that their participants hold themselves to the highest standards in all their actions during the event.

1. **Fundamental Principles**  
All NFs' Team members participating in this event must observe and respect the IWUF constitution, rules, regulations, and representatives. Individuals deemed to have acted against the IWUF, its principles, interests or purpose may be subject to suspension or expulsion from the event and/or cancellation of their accreditation.
2. **Attitude of Participants**  
The participants will attend this event under the responsibility of their NFs. NFs are fully responsible regarding the general attitude and comportment of their participants. All participants should respect the lecturer panel and comply with the IWUF Ethic Codes. Participants should behave themselves well and disciplined during the whole training period.
3. **Image of Participants**  
Each NF is responsible for obtaining the rights for the IWUF to use its participants' images at the discretion of the IWUF for promotional purposes in all forms.
4. **Insurance**  
The participants are fully and sole responsible for insuring themselves against injury and third-party risk (public liability) during the period of this event. The IWUF and the Organizing Committee are not responsible in part or in whole of the said liability.

### **L. MISCELLANEOUS**

1. Participants who pass the final examinations will be awarded with a certificate.
2. Any absence from a training session without notifying the Organizing Committee and IWUF in advance will result in forfeiting eligibility to attend the examinations.
3. Further information will be circulated in due course.



## WAIVER OF LIABILITIES

Federation:		<div style="border: 1px solid black; width: 150px; height: 100px; margin: 0 auto;"></div> <p style="text-align: center; margin-top: 5px;">Color ID Photo</p>
Name of Participant:		
Date of Birth:		
Nationality:		
Gender:		
Passport No.:		
Role of Participant:		

I, the undersigned, knowingly and without duress, do voluntarily submit my Entry to the IWUF International Wushu Coaches Training Course 2024. IWUF International Wushu Coaches Training Course 2024 is hosted by International Wushu Federation (IWUF) and organized by Chinese Wushu Association and Jiangyin Shengshi Sports Events Co. Ltd, hereafter Chinese Wushu Association and Jiangyin Shengshi Sports Events Co. Ltd are referred as "Organizing Committee". In consideration of the IWUF and Organizing Committee accepting my application, I hereby assume all risk of physical and mental injuries, disabilities and losses which may result from or in connection with my participation in the IWUF International Wushu Coaches Training Course 2024. Acting for myself, heirs, personal officers, agents, representatives and assignees, I do hereby release the IWUF and Organizing Committee, its officers, agents, representatives, volunteers, judges and referees and other related members from all claims, actions, suits, and controversies at law or in equity by reason of any matter, cause or thing whatsoever that I may sustain as a result of or in connection with my participation in the IWUF International Wushu Coaches Training Course 2024. I fully understand that all medical attention or treatment afforded to me by the IWUF and Organizing Committee, its officers, medical personnel, representatives, volunteers, and all other related members will be of the first aid type only, and hereby release the IWUF and Organizing Committee its officers, representatives, volunteers, and all other related members from any liability for such aid. I understand it is my obligation to obtain my own medical coverage. I am fully and sole responsible for insuring myself against injury and third-party risk (public liability) during the period of this event. The IWUF and the Organizing Committee are not responsible in part or in whole of the said liability.

I agree to abide by and follow the Rules established by the IWUF and Organizing Committee. I agree that I will conduct myself in a professional and courteous manner at all times and to be subject to penalties and sanctions for violations related thereto. I understand that my protest must be conducted in accordance with the Rules of Arbitration. I agree that my performance, attendance, and participation at the IWUF International Wushu Coaches Training Course 2024 may be filmed or otherwise recorded or released or telecast live. I consent to allow the IWUF and Organizing Committee use of my name, address, voices, poses, pictures and biographical data concerning full or parts, in any form or language, with or without other material, throughout the world, without limitation, for television, radio, video, theatrical medium picture, or any other medium by any devices now known or hereafter devised and I do hereby waive any compensation in regard thereof as well as any future rights to the aforementioned.

I have read and fully understand the waiver listed above.

**\*\*For participants under the age of 18 -This waiver must be signed by their parent or legal guardian\*\***

Signature of Participant	Signature of Parent/Legal Guardian	Name of Parent/Legal Guardian
(If participant is over 18 years of age)	(If participant is under 18 years of age)	(If participant is under 18 years of age)
Date	Date	Date





## REGISTRATION FORM

Federation/Association:			
Address:			
Telephone No.:			
Mobile No.:			
Email:			
No.	Full Name of Participant	Passport Number	Discipline (Taolu/Sanda)
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Note: This form, along with the individual coaches' passports and ID photos (headshots), must reach the IWUF Secretariat by email no later than 24:00 on June 14, 2024.

Name: \_\_\_\_\_

Position: \_\_\_\_\_ (President/Secretary General)

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## IWUF INTERNATIONAL WUSHU COACHES TRAINING COURSE 2024

### General Schedule – Taolu

Date	Morning (09:00-12:00)	Afternoon (14:30-17:30)	Evening (18:30-21:30)
27 <sup>th</sup> June Thursday	Arrival		
28 <sup>th</sup> June Friday	<ol style="list-style-type: none"> <li>Opening Ceremony</li> <li>Introduction to Wushu</li> </ol>	<ol style="list-style-type: none"> <li>Formulation and Implementation of Training Plan</li> <li>Rehabilitation and Prevention of Sports Injuries</li> </ol>	Watch China National Wushu Taolu Championships
29 <sup>th</sup> June Saturday	<ol style="list-style-type: none"> <li>Theory and Means of Physical Training</li> <li>Pre-competition Psychological Adjustment</li> </ol>	<ol style="list-style-type: none"> <li>Basic Theory of Changquan, Daoshu, Jianshu, Qiangshu, Gunshu</li> <li>Technical Training of Changquan, Daoshu, Jianshu, Qiangshu, Gunshu</li> </ol>	Watch China National Wushu Taolu Championships
30 <sup>th</sup> June Sunday	Competition Rules - Group A Officiating	<ol style="list-style-type: none"> <li>Basic Theory of Nanquan, Nandao, Nangun</li> <li>Technical Training of Nanquan, Nandao, Nangun</li> </ol>	Anti-doping Lecture
1 <sup>st</sup> July Monday	Competition Rules - Group B Officiating	<ol style="list-style-type: none"> <li>Basic Theory of Taijiquan, Taijijian, Taijishan</li> <li>Technical Training of Taijiquan, Taijijian, Taijishan</li> </ol>	Self-study
2 <sup>nd</sup> July Tuesday	Competition Rules - Group C Officiating	Examination Awarding & Closing Ceremony	Departure
3 <sup>rd</sup> July Wednesday	Departure		





## IWUF INTERNATIONAL WUSHU COACHES TRAINING COURSE 2024

### General Schedule – Sanda

<b>Date</b>	<b>Morning (09:00-12:00)</b>	<b>Afternoon (14:30-17:30)</b>	<b>Evening (18:30-21:30)</b>
27 <sup>th</sup> June Thursday	Arrival		
28 <sup>th</sup> June Friday	<ol style="list-style-type: none"> <li>Opening Ceremony</li> <li>Introduction to Wushu</li> </ol>	<ol style="list-style-type: none"> <li>Formulation and Implementation of Training Plan</li> <li>Rehabilitation and Prevention of Sports Injuries</li> </ol>	Self-study
29 <sup>th</sup> June Saturday	<ol style="list-style-type: none"> <li>Theory and Means of Physical Training</li> <li>Pre-race Psychological Adjustment</li> </ol>	Basic Theory of Wushu Sanda	Self-study
30 <sup>th</sup> June Sunday	Competition Rules and Judging Methods	Technical Training	Anti-doping Lecture
1 <sup>st</sup> July Monday	Technical Training	Training Load Monitoring and Method	Self-study
2 <sup>nd</sup> July Tuesday	Technical Training	<ol style="list-style-type: none"> <li>Examination</li> <li>Awarding &amp; Closing Ceremony</li> </ol>	Departure
3 <sup>rd</sup> July Wednesday	Departure		